

COURSE LOGISTICS

- Dates:** January 19-27, 2018
- Meeting Times:** The course will run from 8 am to 6 pm each day.
- Meeting Place:** Class will meet in the Student Organization Center at Hilles (SOCH); the room is the Event Hall, Rm 104. The room is on the ground floor on the east side of the building. One day the class will have a practicum at the Middlesex Fells area outside of Boston. We will travel by public transportation or by carpool.
- Note: the SOCH requires HUID swipe access; all Harvard undergraduates will have access automatically. If you have an HUID without access, please contact the FOP office so access can be provided. For those without Harvard IDs, the classroom is just inside the door and everything has glass walls, so just wave and someone will let you in.
- Course Costs:** The course costs \$450; payment is due by Jan 5, 2018. There will be no reimbursement if you drop out of the course after Jan 5, as the spot in the course will be extremely difficult to fill. We can accept only checks; if you are a Harvard College student, please indicate in the registration form if you would like to be term-billed.
- Housing:** Housing is not provided as part of the course. Harvard College students are able to use their normal, term-time housing as part of Wintersession programming. No advance registration is needed – you can just show up to your room.
- Food:** The course tuition does not cover any food costs. For Harvard College students, several dining halls will be open for lunch and dinner. For others, please bring food with you or plan on buying it at restaurants or grocery stores while you are here.
- Transportation:** The Harvard campus is easily accessible by public transportation. If you need, visitor parking information is available here: <http://www.transportation.harvard.edu/parking/visit>
- Instruction:** The course is offered by Stonehearth Open Learning Opportunities (SOLO), based in Conway, NH. One or two SOLO instructors will teach the course, depending on the number of students.

EQUIPMENT LIST FOR WFR COURSE

You must bring clothing that will be appropriate for the weather in New England in January – it will be cold, and may well be snowy and/or rainy (or both!). Please be prepared to be outside no matter what the weather is. The following equipment is to *supplement* the clothing you will be wearing. You are free to bring with you anything else you would normally carry. Please note that you will be using your equipment to provide care, build splints, and keep yourself and *others* warm.

Necessary Items – To be brought to each class

- Raingear top and bottom (no ponchos)
- 1 warm hat (must be synthetic or wool)
- 1 pair warm gloves or mittens (synthetic or wool)
- Long underwear tops and bottoms (synthetic or wool)
- 2 warm top and 1 warm bottom layers (synthetic or wool). One of these layers may be a “puffy” jacket if you have one; be aware that down will not insulate if it gets wet.
- 2 pairs warm socks (synthetic or wool)
- A backpack (at least 30 L) or duffle bag
- 2 water bottles (1 liter/quart or larger)
- Warm and waterproof boots. (Hiking boots *might* work, though you have a greater chance of being comfortable with some form of insulated boots. These could be mountaineering boots or something like Sorel™ boots.)
- Warm, waterproof gloves
- Notebook with pen or pencil

Highly Recommended

- Warm over-jacket that can be worn over your other layers. Sometimes these are called “belay” jackets, and are larger than many “puffy” jackets.
 - Watch with second hand (or digital with seconds)
 - Headlamp or flashlight (don’t forget extra batteries)
 - Pocket knife
 - Sunglasses and sunscreen
 - 40’ small-diameter cord (parachute cord is fine)
 - Sleeping pad (Ensolite™, Thermarest™, Ridgerest™, etc.)**
 - Thermos w/ warm beverage
 - Spare pair (or pairs) of gloves in case one pair gets wet
- ** FOP will provide an ensolite pad for each person to use during the course. Sometimes participants prefer to use their own equipment in order to become familiar with using the supplies they will have on hand.

Optional

- Gaiters (for keeping snow out of footwear)
- 10’ x 10’ 4-6 mil. Plastic tarp (for shelter-building. FOP will provide enough for the class. Bring your own only if so motivated.)
- Emergency bivy kit – small stuff sack, 2 garbage bags, 2 long-burning candles (i.e. Plumber’s candles), lighter and waterproofed matches, metal cup, 1 packet JELL-O™, small-diameter cord, whistle, compass.